

Fishers Island Yacht Club
Fishers Island, NY 06390
Junior
Overnight Race

Friday, August 5, 2016

Build up your future crew resources

Make your boat available to junior sailors

For yachts 26 to 55 feet LOA crewed at least 70% by Junior sailors age 13-20
Each entry must have at least one Owner's Representative who is an experienced offshore sailor over the age of 25

Every junior crew member must attend a Junior Safety at Sea Seminar presented by the Storm Trysail Foundation and NESS in Stonington July 29, 2016, or a similar seminar in Newport, Larchmont, Annapolis, or another location. See www.StormTrysailFoundation.org

The course will be 60 to 100 miles in Block Island Sound or Long Island Sound with start and finish near Sea Flower Reef



Figure 1 2015 Winner Quantum Leap

Entry fee \$100

[Registration](#) deadline is Thursday, August 4, 2016

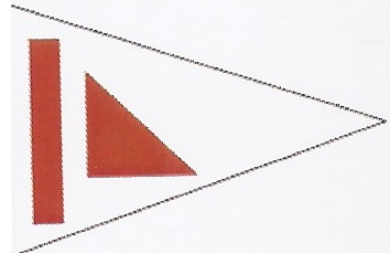
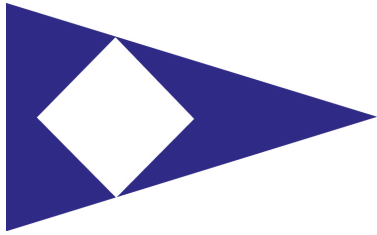
There will be a skippers meeting at 1500 Friday August 5, 2016 at FIYC

Prize awards at 1700 Sunday August 7, 2016

Contact

Fishers Island Yacht Club
631-788-7036

Storm Trysail Club
914-834-8857



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NOTICE OF RACE

1. RULES

1.1. The race will be governed by the following, except as modified by the sailing instructions:

1.1.1. Racing Rules of Sailing 2013-2016, (RRS)

1.1.2. The current PHRF Regulations as administered by the ECSA.

1.2. Specific attention is directed to RRS Fundamental Rules 1.1 and 4, which state:

1.2.1. A boat or competitor shall give all possible help to any person or vessel in danger.

1.2.2. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.

2. RACE MANAGEMENT

2.1. The Organizing Authority (OA) is Fishers Island Yacht Club www.FIYC.net and the Storm Trysail Club www.StormTrysail.org.

2.2. The Race Committee shall use VHF Channel 69.

2.3. The US Coast Guard can be reached on VHF Channel 16 and by phone at: (860) 442-4471

3. RATINGS

3.1. Yachts shall have a current ECSA PHRF certificate.

3.1.1. Out of area contact Robert Geary at nt37.134@gmail.com for ratings information.

4. ELIGIBILITY

4.1. The race is open to yachts owned or chartered by a member of US Sailing or any club or community sailing program that is a member of US Sailing.

- 4.2. Yachts shall be no less than 26 feet LOA and no more than 55 feet LOA.
 - 4.2.1. Yachts shall have functioning navigation lights and VHF radio, and sanitary facilities
 - 4.2.2. Upon application and request, the OA reserves the right to provide vessels with waivers to the provisions of this section 4.2.
 - 4.2.3. The OA shall have the right to reject any entry for any reason.
- 4.3. Each Yacht shall be crewed by at least four junior sailors (Juniors) who are at least 13 years old and at most 20 years old by the end of the current calendar year.
 - 4.3.1. Each Yacht shall have aboard one Senior Advisor (“Advisors”), who shall be the Boat Owner or a designated Owner’s Representative, who shall be at least 25 years old, and be capable of taking command of the yacht in emergency conditions.
 - 4.3.2. Each yacht may have aboard one or more Instructor Advisors who are at least 17 years old and experienced in offshore sailing.
 - 4.3.3. Juniors shall constitute at least 70% of the total number of persons aboard.

5. OWNER, OWNER’S REPRESENTATIVE AND ADVISOR RESPONSIBILITY

- 5.1. For the purposes of this section, the Boat Owner shall include the Owner’s Representative.
- 5.2. The Boat Owner is responsible for the safety of the yacht and its crew, as well as the conduct of the crew before, during, and immediately after the race.
- 5.3. A Boat Owner or Instructor Advisor may assist with rigging, operation of vessel systems, or the teaching of seamanship, but shall not provide coaching on boat speed, racing tactics or strategy. Advisors shall not helm the boat except in any safety or emergency situation, but all such assistance shall be logged and reported to the OA immediately after the finish.

6. SAFETY REQUIREMENTS

- 6.1. All Yachts shall comply with US Sailing US Coastal Safety Equipment Regulations, without life raft. <http://www.ussailing.org/safety/equipment-and-requirements/>
- 6.2. All entered yachts shall demonstrate their ability to shorten sail by past the committee boat for check in prior to the start, sailing with their mainsail reefed.
- 6.3. While on deck, all crewmembers shall wear a PFD with harness at all times.

7. SPECIAL REQUIREMENTS

- 7.1. It shall be the responsibility of the Skipper and the Owner or Owner’s Representative to have completed adequate practice of sail handling, man overboard, and safety drills.
- 7.2. Unless granted a waiver from the Organizing Authority, every Junior member of every crew shall have attended a Storm Trysail Foundation Junior Safety at Sea seminar. One such seminar will be hosted by New England Sailing and Science Foundation, Friday July 29, 2016. For other such seminars see www.StormTrysailFoundation.org
- 7.3. The Navigator shall:
 - 7.3.1. be permitted to use GPS to assist in the navigation, however, computer-based routing programs are not permitted.

- 7.3.2. make regular entries into a ship's log before, during, and after the race; and regularly plot the position of the yacht on an appropriate nautical chart.
- 7.3.3. complete and sign logs and charts and affix these to the Certificate of Compliance for delivery to the OA following the completion of the race.
- 7.4. As soon as practicable, and no more than 3 hours after finishing, the Certificate of Compliance, charts and log shall be delivered to the Main Office at Fishers Island Yacht Club. A yacht will *not* be officially scored until this executed Certificate of Compliance has been filed.

8. COURSE

8.1 Planned alternate courses are:

1. LIS course – Seaflower Reef to Stratford Shoal and return. 102 miles
2. BIS course – Seaflower Reef to Point Judith to Shagwon Reef, to Bartlett Reef to Seaflower Reef. 70 miles
3. Navigator Course – Seaflower Reef to Seaflower Reef rounding Plum Island and Six Mile Reef in either order. 60 miles

8.2 The OA reserves the right to reverse or modify these courses depending on weather and other factors.

9. ENTRY PROCESS

- 9.1. Eligible boats may enter by completing the required entry forms online at www.regattaman.com/. The name and contact data, including emergency contact information must be completed for each crewmember on www.regattaman.com/. When crew name and email are entered, each crewmember will receive sign in credentials to enter his or her own information and sign the online waiver. The entry will not be complete until all required documents have been delivered and all fees paid.
- 9.2. Entries must be received at the OA by 1700 Thursday, August 4, 2016,
 - 9.2.1. Late entries may be accepted at the discretion of the OA.
- 9.3. A valid ECSA PHRF Rating Certificate shall accompany the Entry Form.
- 9.4. The Certificate of Compliance will be available for download on the registration website or at the Skipper's Meeting.

10. FEES

The entry fee for timely entries shall be \$100.00 per boat. Fee for early registration (prior to July 15) is \$75.

11. SAILING INSTRUCTIONS

The sailing instructions will be available on www.regattaman.com/ and at the Skipper's Meeting.

12. COMMUNICATION

- 12.1. At the skipper's meeting, the OA will provide a weather briefing for the expected period of the race.
- 12.2. During the race, competitors may not receive weather, current or navigational information except those by broadcast or online from a publicized source available, without charge, to all competitors.

- 12.3. Each vessel shall have at least one radio capable of receiving automatic weather alerts and tone alarms.
- 12.4. Each vessel shall monitor both Channels 16 and 69.
- 12.5. Vessels may communicate with each other during the race on channel 69.
- 12.6. An Owner/Advisor on each Yacht shall have an on-board cell phone, the number of which shall be provided on the entry form.

13. SCHEDULE

- 13.1. There will be a mandatory pre-race meeting for Junior skippers, navigators, and advisors at 1500 hours on August 5, 2015, on the porch of Fishers Island Yacht Club.
- 13.2. Visiting yachts should hail the FIYC dock-master on VHF Channel 9. A limited number of guest moorings may be available, however, all vessels should be prepared to drop anchor.
- 13.3. The first signal will be at 1730 on Friday, August 5, 2015.

14. INSPECTIONS

- 14.1. Before the start of the race or after its finish, the OA reserves the right to inspect any and all yachts for compliance with eligibility and equipment requirements. The inspection is a courtesy and it remains the responsibility of the Boat Owner or Owner's Representative /Advisor to comply with all requirements. Failure to be in compliance subjects the yacht to protest and time penalties or disqualification in accordance with RRS.

15. PENALTIES

- 15.1. For violations of Part 2 of the RRS, in lieu of a two-turns penalty, competitors may fly code flag Q and have the Protest Committee assess a scoring penalty. This changes rules 44.2 and 44.3
- 15.2. For violations of any other Part of the RRS, competitors may be assessed a scoring penalty at the discretion of the OA. When the violation becomes known, such scoring penalties may pertain even in the absence of a protest or a hearing. This changes Rules 44 and Part 5.
- 15.3. The penalty for an OCS boat not returning to Start, will be 15 minutes added to corrected time. This changes Rules A 4.2 and A 5.

16. SPECTATORS AND COACHES

- 16.1. Rule 41, Outside Help, will be strictly enforced
- 16.2. No spectator or coach boat may venture within 100 yards of a racing vessel, nor communicate in any way with a racing vessel after the warning and before the finish.
- 16.3. Yachts that are disadvantaged by any OA sanctioned press boats may seek redress.

17. CONTACTS

- 17.1. Fishers Island Yacht Club – 631-788-7036
- 17.2. Storm Trysail Club and Foundation 914-834-8857
- 17.3. Event Chairman – Peter Rugg 212-734-1376 Ruglet@PeterRugg.com